



Dr. Alice H. Cash, Ph.D., LCSW
Health / Wellness: Innovator & Media Expert



- FOUNDER:**
- Healing Music Enterprises
 - Surgical Serenity Music & Headphones
 - Crescent Hill Counseling

EDUCATION

- M.S.S.W. -- Kent School of Social Work; University of Louisville, Clinical Focus
- Ph.D. -- Musicology
- Post-grad Musicology and Performance;
- European Study in Italy, Piano Performance with Prof. Ilonka Deckers
- Masters Music -- Piano Performance, University of Louisville

TEACHING EXPERIENCE

- Healing Music Academy, Louisville, Kentucky full spectrum of online and classroom courses
- Adjunct Faculty, Kent School of Social Work, University of Louisville, Louisville, Kentucky.
- Guest lecturer in the Department of Expressive Therapies, Division of Allied Health, University of Louisville.
Guest lecturer in Department of Psychiatry and Behavioral Sciences, School of Medicine, University of Louisville.
- Adjunct Professor of Piano, Indiana University Southeast, New Albany, IN
- Assistant Professor of Music, University of Kentucky, Jefferson Community College, Louisville, KY
- Instructor in Church Music, Southern Baptist Theological Seminary, Louisville, KY
- Assistant Professor of Music, Central Wesleyan College, Central, SC

Surgical Serenity Music and Headphones

- U.S. Patent awarded for a process of using music during surgery.
- Winner of the "Venture Sharks" competition for best new business idea and innovation. Venture Club of Louisville.
- Grand Rounds Presentation at University Hospital, Louisville, KY "Music as an Adjunct to Anesthesia"
- Grand Rounds Presentation at Cleveland Clinic Florida, "Music as an Adjunct to Anesthesia: a review of recent research" (included two solo piano recitals in hospital, before and after Grand Rounds).
- "The Power of Music during Surgery" a lecture/recital at Second Presbyterian Church, Louisville, KY.

ARTS IN MEDICINE EXPERIENCE

- **Research Associate in Music/Medicine** (under Dr. Joel Elkes)
Genesis Center, University of Louisville School of Medicine, Department of Psychiatry, Division of Attitudinal and Behavioral Medicine, Louisville, KY
Research in music/medicine with emphasis on the healing powers of tone and breath. Projects included:
"Arts and the Elderly": Dr. Jane Thibault, Dr. Alice Cash, and Dr. Vija Lusebrink.
"The Effects of Group Singing with Severely Disturbed Children": Dr. Adam Blatner and Dr. Alice Cash.

"The Psychophysiological Benefits of Chant": Dr. Kathy Smith, Dr. Alice Cash, Dr. Anita Maiste, and Dr. Paul Salmon. Expressive Therapies Department: Education on Toning and Chanting.
"Toning with chronic pain patients" at Genesis Clinic: Dr. Clifford Kuhn and Dr. Alice Cash.
"The Psychophysiological Effects of Gregorian Chant": Dr. Alice Cash, Dr. Anita Maiste, and Father Columba Kelly.

Research Projects at Baptist Hospital East

Professional License

- Kentucky Licensed Clinical Social Worker

Clinical Experience

- Healing Music Enterprises and Crescent Hill Counseling, Owner and Clinical Director: oversee all therapy and provide services to individuals, couple, and groups. Administer and teach Healing Music Academy classes on subjects from "Music and the Brain," to "Music and Alzheimer's Disease."
- Baptist Hospital East, Behavioral Health Family Therapist; specializing in issues of chemical dependency, sexual addiction and sexual health and consultant in Music Medicine
- Norton Psychiatric In-patient unit: Conduct music-centered psychotherapy groups; PRN social work
- Norton Out-patient Clinic: work with individuals, couples, and families using brief solution focused therapy, music and imagery, and other expressive and traditional psychotherapies.
- Child Evaluation Center, Department of Pediatrics, School of Medicine, University of Louisville: developing a music therapy program for children with autism; including assessment and therapy.
- Coordinator of Music and Medicine; closed program for the Arts in Medicine; transferred clients and programs to other clinical locations.
- Genesis Center, Department of Psychiatry and Behavioral Science: work with dissociative, depressed, anxiety and panic disorders and families in crisis. Led weekly group for music-centered psychotherapy.
- Bingham Child Guidance Clinic, University of Louisville, Department of Psychiatry and Behavioral Science: psychotherapy with children and families utilizing brief solution-focused therapy, expressive therapies and cognitive/behavioral therapy.
- Hurstbourne Care Center: provided clinical music therapy services, individual and group, as part of a study on the effects of music with Alzheimer's patients.
- Our Lady of Peace Psychiatric Hospital: music-centered psychotherapy, including toning and chanting with individuals and groups in the "impaired clergy" program, a program for clergy suffering from various mental disorders and/or substance abuse.

Coordinator of Music and Medicine University of Louisville, School of Medicine, Department of Psychiatry

- Coordination of two major research projects: "The Therapeutic Use of Music with Alzheimer's Disease" and "Psychophysiological aspects of Chant."

Completed Research Studies in Music Medicine

- "Psychophysiological Aspects of Chant" 1992. Conducted by Drs. Cash, Salmon, Maiste, and Elkes
- "The Effects of An Individualized Music Stimulation Program on Alzheimer's Patients" 1993. Conducted by Drs. Cash, Salmon, and Maiste

- "Music and Thought Organization" 1995. Conducted by Drs. Cash and El-Mallakh Completed Research Studies in Music Medicine

Training in Music/Medicine

- Phoenix, AZ: Intensive training workshop with Dr. Alfred Tomatis from Paris on the "Healing Powers of Gregorian Chant." Included 80 hours of lecture, assessment and training.
- Coursework through the Institute for Music, Health, and Education:
 - Level I: Curative Aspects of Breath and Tone (54 CMTE credits)
 - Level II: Healing Properties of Color, Tone, and Breath (32 CMTE credits)
 - Level III: Assessment of Health through Advanced Applications of Breath, Tone, and Color. (36 CMTE credits)
- Advanced and Accelerated Research Issues in Contemporary Music Therapy: focus on the use of music in a modern hospital setting, the use of guided imagery with music, and the history of the therapeutic uses of music.(on-going)
- Institute for Music, Health and Education, Boulder, CO. Mastering Classes on above subjects with Don Campbell and Laurie Rugenstein, RMT-BC, co-directors of the institute.
- Mastering Level Intensives in Toning, Boulder, CO.
- Therapeutic Sound School with Don Campbell in Wilkes Barre, PA.
- Mastering Level Intensive in Toning, Boulder, CO.

WORKSHOPS PRESENTED:

PERFORMING ARTS MEDICINE, TONE AND CHANT, THE THERAPEUTIC USE OF MUSIC

- "Toning and Chanting for Health and Wellness" workshop for the Fleet Healing Centre in Willis Hall, Church Crookham, England.
- "The Mozart Effect and it's implications for health" workshop in Binfield, Birks, England.
- "An evening of Tone and Chant with Dr. Alice Cash, Surrey, England.
- "An evening of Tone and Chant with Dr. Alice Cash, Newark, England.
- "Using Music to Heal the Pain of Abuse: a Survivor's Workshop" Newark, England.
- "Music for Professional Burnout: a workshop for the staff of CRUSE," Melton-Mobrey, England.
- "The Healing Power of Music" a daylong workshop in Newark, England.
- "Healthy Sexuality" Inservice at Baptist Hospital East, Louisville, Kentucky.
- "The Nuts and Bolts of Music Therapy" Deaconess Hospital, Evansville, Indiana.
- "Festival of Faith" Round-Table discussion with Joel Elkes, M.D., Leah Dickstein, M.D., and others from University of Louisville School of Medicine.
- Workshop for Parish Nurses Association, New Albany, Indiana, "Music Through the Lifespan".
- "Using Music in a Hospital Setting" Mercy Hospital, Owensboro, Kentucky.
- "Using Music in a Hospital Setting" a daylong in-service for staff members of Deaconess hospital in Evansville, Indiana.
- National Wellness Conference, "How to Select Appropriate Music to Achieve Your Programming Goals"
- National Wellness Conference, "Using Music and Sound to Promote Health"
- National Wellness Conference, "Using Music as a Tool to Increase Health and Well-being"
- CBH Women's and Children's Conference "Music with Women and Children: Bonding through Lullabies"
- Ohio Valley Holistic Health Expo "Bringing Joy to Your Life: Music to Foster Wellness"
- Ohio Valley Holistic Health Expo "Music For Depression & Anxiety; Lifting the Spirit and Calming the Soul"
- "Music and Infant Brain Development" Mead-Johnson Fall Retreat for Mid-Western Nurse Managers, Michigan.
- "Toning and Chanting as a Tool for Recovery" National Twelve-Step Recovery Convention, Los Angeles, CA.
- "Toning and Chanting with Depressed and Dissociative patients" American Psychiatric Association Annual Meeting, Washington, D.C.

- "Chanting and Toning: A Powerful Experiential Therapy" Dept. of Expressive Therapies, University of Louisville
- "Living with Music" THE SPECIAL WOMAN: COPING WITH BREAST CANCER, Baptist Hospital East, Louisville.
- "Toning and Chanting: Accessing the Pre-verbal Material" American Psychiatric Association Annual Meeting, Toronto, Canada.
- "Finding Your Healing Voice" Hospice Hawaii, Honolulu, Hawaii.
- "Music and Medicine" The Crescent Hill Woman's Club
- "Music for Healing" Louisville Hepatitis C Support Group, University of Louisville.
- "Toning and Chanting" Women's History Month Celebration at SCN Retreat Center, Nazareth, KY
- "Music and Medicine" The Kentucky Retired Music Educators State Convention, Hyatt Hotel, Louisville.
- "Toning and Chanting as Tools for Anxiety and Panic Disorder" presented with Crystal Sahner, Psy. D., to the Kentucky Art Therapy Association" The Water Tower, Louisville.
- "Toning and Chanting: A Workshop" Elysian Fields Bookstore, Sarasota, Florida.
- "Music and Healing" Elysian Fields Bookstore, Sarasota, Florida.
- "Music Therapy with Autistic Children" presented to the Autism Society of Kentuckiana.
- "Toning and Chanting as a Tool in Expressive Therapies" Department of Expressive Therapies, U of Louisville
- "Chanting and Toning with Dissociative and Depressed Patients" American Psychiatric Association 150th Annual Meeting, San Diego, CA.
- "The Use of Music Therapy with Premature Infants in an NICU", University of Louisville, Department of Pediatrics.
- "Music with children undergoing radiation and chemotherapy" presentation to Dr. Sal Bertalone and pediatric oncology staff, University of Louisville
- "The Therapeutic Use of Music" National Veterans Creative Arts Festival, Galt House, Louisville, KY
- "Toning and Chanting as Tools for Recovery in Addictions" Fourth International Music Medicine Symposium, University of Texas Medical Center, San Antonio.
- "Toning, Chanting and Drumming for Health and Wellness" University of Louisville School of Medicine.
- "Music Medicine" Owensboro Mercy Health System, Owensboro, Kentucky.
- "Toning, Chanting and Drumming" presentation to the Arts in Medicine Work Group" Department of Psychiatry and Behavioral Sciences, U of L School of Medicine.
- "Toning and Chanting as a Tool for Group Bonding and Cohesion" presented at the Board Retreat for "Voices of Kentuckiana".
- "The Healing Power of Music" presented at National Cancer Survivors Day, at Nazareth Center, Bardstown, KY.
- "Toning and Chanting as Tools for Recovery" presentation at national 12-step conference, Minneapolis, MN.
- "The Healing Power of Music" a presentation to the Institute of Noetic Sciences, Louisville Group.
- A Review of the "Music in Psychiatry Literature" presentation to psychiatry residents, U of L School of Medicine.
- "Toning, Chanting and Drumming for Health and Wellness" Frolic Foyer, University of Louisville School of Medicine.
- "The Therapeutic Use of Music" National Veterans Creative Arts Festival, Galt House, Louisville, KY
- "Toning and Chanting as Tools for Recovery" presented to National Twelve-Step Conference, Minneapolis, MN, Nicollett Hilton Hotel.
- "Music and Healing for the Holistic Nurse" presented to the Louisville Holistic Nurses Association"
- "The Healing Power of Music" presentation to the Greater Louisville Alternative Women's Group
- "Music as a Tool for Relaxation" presented to the U of L Mental Health Clinic Lunch and Learn Series
- "The Healing Power of Music," presented to the staff of Payne Whitney Clinic, New York Hospital, Cornell Medical Center, New York City
- "Music in the Hospice Setting" presented to the staff of Beth Israel Hospital, New York City

- "The Therapeutic Use of Music with Alzheimer's Patients", presented to the annual meeting of Sysco Food Services, Owensboro, KY
- "Diagnosing and Treating the Sexual Addict" guest lecture to students at Brescia College, Owensboro
- "Chanting and Toning" class at Our Lady of Peace a three-part series
- "The Healing Power of Music" presentation for Louisville Chapter of the American Association of University Women, University Club, U of Louisville
- "Music and Healing" a day-long workshop at Mt. St. Francis Retreat Center, New Albany, IN
- "Music and Medicine" a presentation to the Psychiatry Club at UL School of Medicine
- "The Use of Music in Social Work" a presentation to the Kent School Student Association, Floyd Theatre, Belknap Campus, U of L.
- "Stress Management Through Music" a weekend retreat at Foxhollow Holistic Healing Center Brownsboro, KY.
- "Music as a Tool for Pain Management" a presentation to LAMA, Louisville Area Mastectomy Association. Brown Cancer Center, Louisville, KY.
- "Music/Medicine Research in Progress at U of L" presentation at the Cathedral of the Assumption Undercroft, Louisville, KY.
- "The Use of Music in Healthcare Settings" presentation to the KY Hospital Environment Assoc., Lexington, KY.
- "Toning and Chanting" guest lecture in Dept. of Expressive Therapies, U of L, Belknap Campus.
- "The Therapeutic Use of Music with the Elderly" Kentucky Recreation Therapists Association, Hyatt Regency, Lexington, KY.
- "Toning and Chanting as Tools for Recovery" National Twelve-Step Conference, Phoenix, AZ.
- "The Therapeutic Use of Music with the Elderly" a presentation to the Big Sandy Region Long term Care Activity Directors, Fredericksburg, KY.
- Presentation arts/medicine at the Therapeutic Sound School near Scranton, Pennsylvania
- Presentation of research at Medical School's Arts in Medicine Program for "Symposium on the Arts in Medicine" at the U of L Belknap Campus with Drs. Cliff Kuhn and Paul Salmon.
- Presentation at "Mind/Body Connections" a class at the U of L Medical School on research in music/medicine in Arts in Medicine Program.
- Lecture at Campbellsville College on "The Healing Power of Music" with specific focus on music research being done at U of L's Arts in Medicine program.
- Presentation at Our Lady of Peace Hospital on music medicine research and toning and chanting for health and wellness.
workshop for Alzheimer's Association at St. Matthews Baptist Church; focus on research being conducted at Hurstbourne Care Centre.
- Presentation to Kent School of Social Work students on research being done with Alzheimers patients at Hurstbourne Care Center.
- Presentation to research group at University Hospital (doctors, nurses, clergy, social workers) on music and healing research being done in the arts and medicine program.
- Presentation to expressive therapies class at U of L on the use of music with Alzheimers patients at HCC and on the use of toning and chanting for health and wellness.
- Presentation for nurses at Hospice of Louisville on the use of music with dying patients.
- Panel discussion and individual presentation at the National Conference on Aging at the Executive West on research with Alzheimers patients at the Hurstbourne Care Centre.
- Workshop on "The Therapeutic Use of Music with Alzheimer's Patients" for Kentucky Adult Day Care Providers annual conference at Holiday Inn, Louisville.
- Four-hour nurses training session at Our Lady of Peace on Music/Medicine with emphasis on the use music in medical and psychiatric situations. This workshop was attended by over 100 nurses, social workers, and activities directors and provided ceu's for all participants.
- Presentation to The Presbyterian Forum on Music and Healing. This lecture was attended by pastors and pastoral counseling professionals and focused on how they might use music to help their parishioners.
- Lecture/demonstration to incoming medical students during the Health Awareness Workshop on toning and chanting for health and wellness.

- Presentation to the Arts Club of Louisville on "The Healing Power of Music" with focus on how the well person can use and choose music to enhance wellness and maximize stress management.
- workshop presentation at Foxhollow Healing Center in Brownsboro, KY on "Music and Menopause." Focus on viewing menopause as a natural life passage and not an illness. Learning to choose music for specific physiological inevitabilities of menopause.
- Week-end workshop on "Transforming Fear into Power." This was collaboration with a clinical social worker and an expressive therapist. My part each day consisted of teaching the principles of chant and tone to the women present for cathartic and healing purposes.
- Presentation at St. John's Lutheran church on "The Healing Power of Music". Focus on the use of liturgical and sacred music, especially hymns and chant for healing of mind and body.
- Lecture to The Cato Society of the Jefferson County Medical Society on "The Healing Power of Music." Focus on how music heals, choosing the music that works best for you, and current research in music and healing in the Arts and Medicine program.
- Workshop at HEALTHFEST on "Healing Music" a day-long gathering of alternative health professionals. Focus on learning how to choose the music that is best for you, understanding the principles of how music heals, and learning simple toning techniques.
- Presentation to the Cato Society of the Jefferson County Medical Association on "The Current State of Research in Music Therapy" with a focus on the music study being conducted at the Hurstbourne Care Center.
- "Chanting and Toning" a presentation to the members of "Minerva" at the Hopscotch House, Louisville, KY.
- "Celebrating with Music," a presentation to caregivers at "Foxhollow: the Healing Place."
- "Using Music to Cope with Migraine Stress," a presentation to the Migraine Support Group, sponsored by Glaxo Pharmaceutical Company.
- "Applications of Chanting and Toning in a medical Setting, Part II" presentation to Humanism and Medicine Fellows, Department of Family Practice, University of Louisville School of Medicine.
- "The Healing Benefits of Gregorian Chant" a workshop presented to the Sisters of St. Joseph, Regis College, Boston, MA.
- "Arts and the Elderly" all-day workshop presented to nursing home activities directors from all Jefferson County: Hurstbourne Care Centre, Louisville, KY. With Dr. Jane Thibault and Dr. Vija Lusebrink.
- "Toning and Chanting as Tools in Recovery," workshop presented at "La Promesa de Gracia" national 12-step conference in Tucson, AZ.
- National Women's Music Festival, Indiana University, Bloomington, IN: "Toning and Chanting for Health and Wellness"
- "Having Had a Spiritual Awakening" Fourth Annual 12-Step Conference at Calvin College in Grand Rapids, MI. "Toning and Chanting as Tools in Recovery"
- "Skeletal Humming, Toning, and Chanting for Health and Well-being." Private presentation to psychotherapists in Carmel, California.
- "Incorporating Music Into a Psychiatric Practice" Literature Seminar for Psychiatry Residents at University Hospital, Consult/Liaison Conference.
- "Toning and Chanting as Tools for Health and Wellness," presentation at Kentucky Fair and Exposition Center for an "Interquest Holistic Health Fair".
- Workshop for medical students at University of Louisville on chanting and drumming for stress release.
- "Applications of Chanting and Toning in a Medical Setting," presentation to Humanism and Medicine Fellows, University of Louisville Medical School.
- "Music and the Elderly: An Experiential Workshop," St. Williams Adult Day Care.
- "Gregorian Chant and the Medieval Mind," presentation at Atherton High School, Louisville, KY
- Very Special Arts Festival, Shelbyville, KY, assistant to Dr. Arthur Harvey.
- Very Special Arts Festival, Elizabethtown, KY, assistant to Dr. Arthur Harvey
- Arts and Medicine Workshop, assistant to Dr. Arthur Harvey, Saint Alexis Hospital, Cleveland.
- Arts and Medicine Workshop, assistant to Dr. Arthur Harvey. Indiana University J.W. Riley Children's Hospital

PROFESSIONAL PAPERS, LECTURES, AND LECTURE/RECITALS

- Lecture/Recital at "Exploring Health and Healing" Conference, Lake Louise, Alberta, Canada. Co-sponsored by Calgary health Region and Scripps Integrative Medicine Center.
- "Music and Your Mental Health" Louisville Health and Fitness Magazine, May 2001.
- Violin and Piano recital with Julie Cash at Cathedral of the Assumption Undercroft, Louisville, KY. World Premiere of Concerto for Three Pianos by Isidore Philippe. University of Louisville School of Music, South Recital Hall.
- "The Healing Power of Music" a presentation to the Greater Louisville Music Teachers Association, Southern Baptist Theological Seminary.
- "Wanda Landowska and the Revival of the Harpsichord: A Reassessment," Conference on "The Revival of the Harpsichord: One Hundred Years Later," Agnes Scott College, Decatur, GA.
- "Wanda Landowska: Feminist or Independent Woman?: Feminist Theory and Music Conference, University of Minnesota, Minneapolis.
Lecture/Recital of "Music for Piano, Violin, and Cello by Women Composers," American Association of University Women, Louisville, KY
- "Wanda Landowska: Composer, Performer, Pioneer", Middlebury College Music Department, Middlebury, VT Summer, 1986 "The Dilemma of the Woman Musician in Academia", National Women's Studies Association meeting, University of Illinois at Champaign-Urbana
- "The Early Compositions of Wanda Landowska", Third Annual Women in Music Symposium, SUNY Buffalo, NY Spring, 1988 "Wanda Landowska: Composer, Performer, Pioneer", American Musicological Society, South Central Chapter Meeting, University of Tennessee Knoxville and Women's Culture Series, Middlebury, Vermont
- "Wanda Landowska: Composer, Performer, Pioneer", AAUW Chapter meeting, Louisville
- "The Legacy of Wanda Landowska", Fairfax Music Club, Fairfax, Virginia Third Annual Women in Music Symposium, State
- "Piano Compositions by Kentucky Women Composers", live radio broadcast as part of the National Women's Studies Association meeting, University of Illinois at Champaign-Urbana University of New York at Buffalo
- "New Opportunities for Women: How Wide Open Are the Doors for Women in Music?" American Association of University Women, Louisville
- "New Opportunities for Women: How Wide Open are the Doors for Women in Music?", National Women's Studies Association meeting at the University of Washington, Seattle

SCHOLARSHIPS AND GRANTS

- Research grant for to continue study on "The Therapeutic Use of Music with Alzheimer's patients" at Hurstbourne Care Center
- Research Grant for to conduct a study on "The Use of Music with Alzheimer's Patients" Funded by the Hurstbourne Care Centre, Louisville, KY.
- Interdisciplinary Fellowship for the Graduate School, University of Louisville;]
- University Fellowship for the School of Music, University of Louisville;]
- University of Louisville: Travel Grant to Lakeville, CT.
- American Association of University Women: Scholarship for graduate research
- The Kentucky Foundation for Women: research grant to do research at the Bibliotheque Nationale in Paris, France
- American Association of University Women Scholarship for graduate research
- NEH Summer Seminar for College Teachers: "Performance Practices in Beethoven's Music," University of North Carolina at Chapel Hill, Dr. William S. Newman.
- Full Graduate Assistantship at University of Louisville School of Music.
- Gregg-Graniteville Four-Year Academic Scholarship for use at any college or University in the U.S.

Concerts and Recitals

- Violin and Piano Lecture/Recitals in Atlanta with Heidi Poth Tracy, violinist (2 performances)
- Lake Louise, Canada "International Wellness Conference" Autobiographical Recital with Julia Cash Mayo, violinist
- Solo Piano Recital, Glen Meadows Planned Community, Baltimore, MD.
- Accompanist for Voices of Kentuckiana at their concert at the 4th International Gala Choir Festival in Tampa, FL.
- Guest artist with "Ars Femina" in a harpsichord concerto at University of Kentucky, JCC.
- Recital at the Southeastern Historical Keyboard Society Conclave, University of Louisville School of Music Harpsichord Concerto with cadenza by Alice Cash.
- Chamber music with Julia A. Cash at the Kentucky Center for the Arts, Whitney Hall.
- Chamber music recital with Julia A. Cash at Cathedral of the Assumption, Louisville
- Recital with Julia A. Cash, Louisville Women's Club, Music Series.
- Dedicatory Recital of an original 1806 Broadwood piano at Locust Grove Historic Mansion, Louisville, KY.
- "Wanda Landowska and the Revival of the Harpsichord" - Agnes Scott College, Atlanta, GA. Conference on "The Revival of the Harpsichord: One Hundred Years Later"
- Trio Recital with the Ars Femina Ensemble, First Unitarian Church, Louisville, KY
- "Ars Femina Recital with Lynda Hurd, cellist" - Locust Grove Historic Mansion

OTHER RESEARCH INTERESTS IN MUSIC/MEDICINE

- The Use of Music in Alzheimer's Disease
- The Use of Music in Pregnancy and Childbirth Preparation Classes
- The Use of Music in Labor & Delivery
- The Use of Music with Healthy Newborns, including "lulling"
- The Use of Music with Hospitalized Children
- The Use of Music in Recovery from Alcohol and Drug Abuse
- The Use of Music in an Inpatient Setting for Addiction and Co-Dependency
- The Use of Music in Anesthesiology and Surgery
- The Use of Music with Autistic Children

HONORS AND AWARDS

- Distinguished Service Award from University Of Louisville School of Music Alumni Board
- Research Award from Kent School of Social Work for study of music with Alzheimer's patients

COMMUNITY SERVICE

- President, National Speakers Association/Kentucky Chapter
- President, Alumni Board, University of Louisville School of Music,
- Steering Committee, National Council on Sexual Addiction. Louisville Chapter,
- Executive Board, Greater Louisville Council on Sexual Health and Addiction,
- Chair of Women's Issues, American Association of University Women. Louisville Chapter

FEATURE ARTICLES SPOTLIGHTING MUSIC/MEDICINE WORK AT Univ OF Louisville, Baptist Hospital East, and Healing Music Enterprises by Dr. Alice H. Cash

- Natural Awakenings Magazine "Healing with Rhythm and Sound"
- Univ. of Louisville Alumni Magazine, "Spotlight on Dr. Alice Cash,"
- Louisville Courier-Journal, "Dr. Cash Speaks to Man-to-Man Support Group on Music Therapy"
- Louisville Courier-Journal, "Music Expert Teaches How to Heal".

- Kentuckiana Health Fitness Magazine "Music and Your Mood"
- Today's Woman "When a Pill isn't Enough: Take two CD's and Call me in the Morning"
- Encore Magazine "Touching a Memory Chord."
- The Open Ear "Music with Alzheimer's Patients"
- Business First "Alternative Health in Louisville"
- Louisville Courier-Journal, "Music As Medicine"

MEDIA APPEARANCES AND INTERVIEWS

- Interview in "Second Life" Technology by Music Academy Online
- "Everyday Qi" Radio Show, interviewed by Dr. Ellen Britt.
- Bernson's Corner, Fox 41, "Local Therapist Heals Patients with Music"
- TV Morning Show "Good Morning Honolulu" on KHON, FOX Channel 2, Honolulu, Hawaii
- NPR "Panel on Music Therapy" call-in show
- Kentuckiana Health Fitness Radio Program "Music and Your Mood"
- WAVE3 Urban Insights "Interview about new book Notes on Tuning Your Life with Music"
- PBS Special on "Healing in America" interview at Deaconess Hospital in Evansville, IN
- Interviewed by local station in Evansville for their news broadcast on music in a hospital setting
- "Sexual Addiction: Treatment Options" WLKY-Louisville.
- "Surviving a Crisis in a Relationship" WLKY-TV Valentine's Week Special
- "The Mozart Effect with Babies: Mother Baby Bonding through Lullabies." Louisville Tonight Live, WHAS TV; filmed at Baptist hospital East.
- "The Mozart Effect" NPR interview about my music medicine work in Louisville
- "Music and Healing" feature presentation on "Sightings" nationally syndicated cable TV program
- Manhattan Cable Network, Channel 36 "Music and Medicine at the University of Louisville" on "Heyer Insights with Albrecht Heyer, N.D."
- WHAS-TV television "Live From Family and Children's Agency: Dr. Alice Cash and Toning and Chanting" on Good Morning Kentuckiana with Terry Meiners
- "Feelin' Great" syndicated show on 13 stations in Kentucky, "The Power of Music"
- WLKY: Morning News "Holistic Health Fair"
- CNBC: Medical schools utilizing alternative medicine
- "NBC Nightly News" Alternative medicine at U of L
- April "The TODAY Show": Toning as an alternative healing method
- November WUOL television "Music with Alzheimers research"
- October WLKY television "Music and Alzheimers Study"
- April WUOL television "Chant for Stress Relief?"
- October WHAS television "Drumming and Toning workshop at Med School"

To book Dr. Alice H. Cash or other inquiries:

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